

**LITERA VALLEY ZEE SCHOOL, HOSUR**  
**CANTEEN MENU (2018 - 19)**

SL. NO.	MORNING DRINK	LUNCH				CURD RICE	EVENING SNACKS
		CHAPPATHI	CURRY	RICE	PORRIYAL		
1	Custard Milk	Poori	Channa Masala	Sambar Rice	Potato Kara Curry	Curd rice	Masala Vada
2	Sapotta Milk	Potato Chappathi	Triveni Dal	Ghee Rice	Lady's finger	Curd rice	Idli Upma
3	Mix Veg Soup	Keerai Chappathi	Ridge gourd koottu	Potato Pulao	Cabbage	Curd rice	Masala Peanuts
4	Fruit Juice	Beetroot Chappathi	Potato Masala	Curry leaf rice	Yellow Pumpkin	Curd rice	Chow Chow bajji
5	Lemon Juice	White Rice	Sambar	Rasam	Aviyal	Curd rice	Pineapple Kesari
6	Jack Fruit Milk	Carrot Chappathi	Kadai Veg	Tomato Rice	Raw Banana	Curd rice	Medhu Bonda
7	Badam Milk	Corriander Chappathi	Bottle gourd Koottu	Lemon Rice	Carrot Dal	Curd rice	Ragi Puttu
8	Veg. Soup	White Rice	Lady's finger Puli Kholambu	Rasam	Kovakka	Curd rice	Corn Mixture
9	Choco Milk	Jeera Chappathi	Peas Kurma	Methi Pulao	Banana stem with curd	Curd rice	Semiya Payasam
10	Carrot Milk	White Rice	Sambar	Rasam	Aviyal	Curd rice	Banana Salad
11	Apple Milk	Bottle gourd Chappathi	Paneer Butter Masala	Vangi bath	Peanut beans	Curd rice	Banana Bajji
12	Banana Stem soup	Methi Chappathi	Keerai Koottu	Gobi Biryani	Avarai	Curd rice	Potato 65
13	Musk Melon Juice	White Rice	Brinjal Puli Kholambu	Rasam	Kovakka	Curd rice	Bread Jam
14	Strawberry Milk	Raddish Chappathi	Tomato Kurma	Veg. Fried Rice	Potato 65	Curd rice	Aval Upma
15	Musk Melon Milk	White Rice	Sambar	Rasam	Veg. deep fry	Curd rice	Masala Vada
16	Sweet corn soup	Nukkal Chappathi	Chowli Kurma	Corriander Rice	Lady's finger	Curd rice	Cutlet

SL. NO.	MORNING DRINK	LUNCH					EVENING SNACKS
17	Cashew nut Milk	Mint Poori	Potato Masala	Mix Veg. Biryani	Beet root	Curd rice	Keerai Bonda
18	Badam Milk	White Rice	Sundakai Puli Kholambu	Rasam	Aviyal	Curd rice	Sweet Pongal
19	Mango Juice	Carrot Chappathi	Mix Veg. Kurma	Coconut Rice	Yam 65	Curd rice	Pop Corn
19	Keerai Soup	Curry leaf Chappathi	Cabbage Koottu	Tamarind Rice	Mix Veg.	Curd rice	Mixture
20	Mint Juice	Beetroot Chappathi	Raw banana masala	Jeera Pulao	Beans Musli	Curd rice	Fruit Salad

NOTE: Items are subject to the availability.